

THE UNIVERSITY of NORTH CAROLINA at CHAPEL HILL



Network for Research Professionals

NRP October 2024 Education Session

Pathways to Success in Your Research Career and Professional Development

Pathways to Success in Your Research Career and Professional Development

Moderated By: Terry Hartman, MPH, MS, CCRC

Director, Regulatory Operations, NC TraCS

Presenters:

- NRP Professional Awardees for 2023-2024

Nandie Elhadidy

Hannah Riehl

Malvika Choudhari

Tracy Eldred

- NCTU Onboarding & Education Officer

Victoria Banks, BS

Clinical Research Coordinator, UNC Neurosciences Clinical Trials Unit

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NRP PROFESSIONAL DEVELOPMENT AWARD



How much is the award?

- \$100 to \$500

What can the award cover?

- Work-related education and training
- Conferences
- Certificates
- Continuing education
- Classes or seminars
- Similar instructional opportunities not otherwise covered.

Note that this award cannot be used for courses for academic credit and amounts may change in future cycles depending on funding.

NRP PROFESSIONAL DEVELOPMENT AWARD



Who is eligible for the award

1. Full or part-time permanent employees at the University of North Carolina at Chapel Hill (SHRA or EHRA non-faculty) or UNC Health who have been employed as a Research Professional for at least the past 1 year at the time of this application are eligible for this award.
2. Funding must be for individual benefit, relate to the employee's position, and meet a professional development purpose (not departmental).
3. Applicant may not have received the UNC NRP Professional Development Award for the same or a different opportunity in the two years prior to the application.

Note that this award criteria may change in future cycles.

NRP PROFESSIONAL DEVELOPMENT AWARDEES 2023-2024



- **Malvika Choudhari** (formerly Orthopedics) –
 - Society of Clinical Research Associates (SOCRA) Certification Exam
- **Tracy Eldred** (Institute for Global Health and Infec. Disease)
 - Maximo Nivel Intensive Spanish Course
- **Nandie Elhadidy** (Physical Medicine and Rehabilitation)
 - International Congress on Integrative medicine and Health (ICIMH) conference
- Jordan Jacobs (Surgery- Burn Research)
 - Association of Clinical Research Professionals (ACRP) Certification
- **Courtney Kelly** (LCCC) –PMI Membership renewal
- **Sara Stevens Kelley** (Medicine-Nephrology) – ACRP Conference
- Jessica Marlin (TraCS Institute) –Pediatric Nursing Conference
- Josephine McKelvy (formerly Social Medicine) – Odum Institute Short Courses
- **Hannah Riehl** (Carolina Institute for Developmental Disabilities) – SOCRA Certification Exam

**in bold- presenters and contributors for this presentation*



OPTIMUM: Dietary Supplement and Natural Product Interview

International Congress on Integrative Medicine & Health (ICIMH)

April 11-13, 2024

Nandie Elhadidy, BS, MR

Associate Clinical Research Coordinator

Presentation Overview: ICIMH

- Analyzed dietary supplement and natural product (DSNP) usage among participants with chronic low back pain
 - OPTIMUM: A group-based pain management program for patients with chronic low-back pain modeled on the Mindfulness-Based Stress Reduction Program
- DSNPs marketed and recommended for pain treatment and little known about prevalence of their use in this population
- Collected demographics, type of DSNPs used for chronic pain, prescription medication use, supplement labels



Experience at ICIMH

- ICIMH Conference attendance in Cleveland, Ohio
- Strengthened my SAS skills while analyzing data
- Completed my first conference oral presentation!
 - New presentation skills
- Immersion in the integrative medicine space solidified my passion for a career in research at UNC
- Learned about various integrative medicine concepts such as nutrition, neurotechnology, and mindfulness
- Next Steps: Paper writing and publication!



THANK YOU!



**Society of Clinical Research Associates
(SOCRA)
Certified Clinical Research Professional
(CCRP)**

Hannah Riehl, Clinical Trials Program Manager
Carolina Institute for Developmental Disabilities

2023-2024 NRP PD Award

- Hannah Riehl, Clinical Trials Program Manager, Carolina Institute for Developmental Disabilities
- Society of Clinical Research Associates (SOCRA) Certified Clinical Research Professional (CCRP)
- Contact: Hannah.riehl@cidd.unc.edu
- Obtaining CCRP certification helped with stepping into a research manager role
- I chose the SOCRA CRRP certification because it was more general than the ACRP certifications
 - ACRP (Association of Clinical Research Professionals) certifications seemed to be more specific to roles, but both ACRP and SOCRA are great options
- Study Materials:
 - SOCRA provided CCRP Exam Manual - includes FDA regulations on Protection of Human Subjects, IRBs, Investigational New Drug Applications, Investigational Device Exemptions
 - SOCRA recommended Clinical Safety Data Management: Definitions and Standards for Expedited Reporting
 - Prioritize studying based on gaps in knowledge



Society of Clinical Research Associates (SOCRA) Certification Exam

Malvika Choudhari
(former Clinical Research Assistant in Orthopedics)
M.D Candidate, Class of 2028
University of North Carolina at Chapel Hill

NRP Award for SOCRA Certification

- Society of Clinical Research Associates (SOCRA) Certification Exam
 - Eligible after working in clinical research for 2 years full time
 - Also qualify if worked part time for 5 years (3,500 hours)
 - Two other categories for qualification
- Highly recommend receiving this credential
 - Valid for 3 years and can renew with 45 hours of continuing education
- Studied exam specifics for ~2 weeks and took exam virtually
- Increased my knowledge of regulatory guidelines, clinical trial design, data management, and adverse event reporting

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2024 NRP Professional Development Award for Maximo Nivel School

Tracy Eldred, BS

Clinical Research Associate

Institute for Global Health and Infectious Diseases

Goal: Continuing Spanish language acquisition

- Maximo Nivel in Cuzco, Peru
- 3 hours of private Spanish lessons per day
- Homestay
- Excursions in Spanish



Knowledge gained



- **Fluency – immersion is key**
 - Won't happen in 2 weeks
- **Cultural exchange**
 - Homestays
- **Conversation skills**
 - Every experience makes it easier, more natural

Professional development and career



- Unit relies on fluent staff for interpretation
- SOP for evaluating new interpreters
 - My evaluation is imminent with a native Spanish speaking staff member
- Not expecting a promotion
 - Change in responsibilities will increase job satisfaction
- Can pursue additional nationally recognized proficiency exams

Personal Impact

- **Excellent experience**
 - Recommend the school and program
 - Several locations in Latin America
- **2 other schools I can also recommend**
 - Some additional complications with international travel through UNC

APPLY for PD grants!



NRP PROFESSIONAL DEVELOPMENT AWARDEES



"As a Project Management Professional (PMP)[®], I used the NRP Professional Development Award to **renew my Project Management Institute (PMI) membership with the North Carolina chapter**. This renewal has **advanced my professional goals** by providing access to free webinars, discounted events, and tools to earn PDUs toward globally recognized certifications. I've **gained valuable project management resources** and **connected with like-minded professionals**. By **actively participating in my local PMI chapter**, I have the chance to **contribute to the growth and development of my local community** by sharing my project management insights and volunteering in social good activities. Renewing my membership has greatly **enriched my skills and project knowledge**, and I **highly recommend this to others**."

~ **Courtney Kelly, MPA, MA, PMP[®], CSM[®]** Clinical Trial Activation Project Manager, Clinical Trials Office | LCCC

NRP PROFESSIONAL DEVELOPMENT AWARDEES



“With the NRP Professional Development Award, I was able to attend the **ACRP conference** in Anaheim, CA in May. This conference allowed me to **network with other research professionals across the country to learn best practices of participant recruitment & retention, time management, and communication.** As a new research manager, I also had the opportunity to attend a session on **study management** and learned **new ideas for my research team** at the UNC Kidney Center to help **distribute workflow, decrease regulatory burden** among coordinators, and how to **increase study quantity while maintaining study quality.** One of the main themes that I learned at the conference was **ensuring coordinators have a one-two minute elevator pitch for their research study to capture the “why” of their study.** This shows the potential participant/community member why your study is important and what your study hopes to accomplish.”

~ **Sara Kelley, MPH, Project Manager,** UNC Kidney Center | Division of Nephrology & Hypertension



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Professional Development Opportunities

Neurosciences Clinical Trials Unit

Victoria Banks

Onboarding and Education Officer

victoria_banks@neurology.unc.edu

Grant & Funding Opportunities

- NRP Professional Development Award
 - \$100 to \$500
- SOM Professional Development Grant
 - Up to \$5,000
- Tuition Waiver
 - 3 Waived Courses per Academic Year
- Employee Forum Professional Development Grant
 - Up to \$500
- Janet B. Royster Memorial Staff Scholarship Fund
 - Up to \$1,000

UNC Training and Education Opportunities



NC TraCS

- Vital Signs
 - ECG
- Basic Life Support
 - I2B2
 - REDCAP



Yellow Belt (Lean Six Sigma)

- 1/2 Day Training
- Free of charge for UNC and UNC Health Employees



Relational Leadership Institute

- In person & Online opportunities (4-Day Sessions)
- Semester-long weekly sessions

External Training & Education Opportunities



Association for Clinical Research Professionals (ACRP)

- Virtual Trainings
- ACRP Annual Conference



WCG Clinical

- “Insights” (Articles and Video Trainings)
- Annual MAGI Clinical Research Conference



Society of Clinical Research Associates (SOCRA)

- Virtual Courses and Symposia
- SOCRA Annual Conference

Certificates and Degree Programs

- 1 SOCRA Certification
- 2 ACRP Certification
- 3 Microsoft Office Specialist Certifications
- 4 Project Management Certifications (PMP, CAPM)
- 5 Regulatory Affairs Professional Society Certification (RAPS)
- 6 IHI Certificate in Quality & Safety
- 7 UNCW Clinical Research Graduate Certificate
- 8 UNC Gillings Certificate Programs
- 9 Master of Science in Clinical Research
- 10 Executive Master of Health Care Administration

NRP PROFESSIONAL DEVELOPMENT AWARDEES 2024-2025



- Stephanie Morales, EXSS
- Jenni Detwiler, UNC Ctr for Health Equity
- Lisa Petersen, Carolina Institute for Dev Disabilities
- Kathryn Tarnai, NCTraCS
- Arieska Diaz, OBGYN Global Health
- Kobi Iheoma, TEACCH
- Hannah Puckett, OBGYN Global Health
- Brittany Fecteau, OBGYN Global Health
- Luke Costanza, LCCC-Clinical Trials
- Julia Heinly, TEACCH Autism Program
- Leah Gardner, NCTraCS

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Panel Discussion and Questions

Additional Resources

- Professional Development obtained by 2023-2024 Awardees:
 - [Society of Clinical Research Associates](#)
 - Certifications and membership
 - [The Association of Clinical Research Professional \(ACRP\)](#)
 - Certifications and membership
 - [Maximo Nivel Institute](#)
 - travel and immersion in Spanish
 - [The Odum Institute Short Courses](#)
 - [Project Management Institute](#)
 - Project Management Professional (PMP)® Certification- membership renewal

Additional Resources

UNC Campus Offerings research and career related:

- Monitor various newsletters and Listservs
 - JOIN: [NCTRaCS News](#), [Network for Research Professionals \(NRP\)](#) (view recorded [education seminars](#)),
 - Human resources offerings:
 - [UNC Organization and Professional Development](#) (Courses, Organization Dev, ULEAD, Management Training, Add'l Resources, LinkedIn Learning), [Carolina Talent: Learning](#),
- [University Research Week](#) : Oct 21-25, 2024; Lunch and Learn with CLE credit available for all events.
 - [Tuesday, Oct. 22: Career-Building](#): Presented by the OVCR, a platform for Carolina researchers and research staff to discuss their contributions to advancing UNC-Chapel Hill's research enterprise within North Carolina and beyond.
- [UNC Career Hub](#)- students and alumni
- [UNC Office of the Provost Interprofessional Education and Practice](#)
 - [Nursing School \(IPEP\)](#)
 - [Relational Leadership Institute](#)
- [UNC Gillings SPH Workforce Development Cont Educ](#) and [Gillings SPH Graduate Certificates](#)
- Additional Document with more resources will be shared with slides on NRP site.

Evaluation

Please complete the post-session evaluation

[October 2024 NRP Educ Post Session Survey](#)



Email: NRP@unc.edu if further questions or suggestions for future education.